

P.A.S.S.A.G.E.S DEFINED (Outline):

<p>Personal January/February</p>	<p>House Comms: Orientation, Floor socials, Valentine celebrations, Carbon footprint initiatives Mentors: Group discussions, Storytelling, Study groups, Relationship programmes, One-on-one mentoring sessions, Getting along with your roommate, res life and adjusting to varsity life, Goal setting, Time management Character Building: Ethical decision making</p>
<p>Academic Initiatives March</p>	<p>House Comms: Human Rights celebrations Mentors: Time Management, Study Skills, Stress Management, Financial aid, note taking / summarising, Time management, Procrastination, Study Strategies, Note taking strategies, Social event Character Building: Respect</p>
<p>Self- Awareness April</p>	<p>House Comms: Easter/Family day celebrations, Freedom Day celebrations Wellness awareness, alcohol/drug awareness, relaxation/mediation, self-defence Mentors: Alcohol/drug awareness, Academic reflection, financial planning, problems you encounter Character Building: Responsibility</p>
<p>Seasonal May</p>	<p>House Comms: Youth Day celebrations, Mentors: Exam skills, Stress Management, Alcohol free alternatives, Wellness awareness, coping with going home, Character Building: Caring</p>
<p>Acceptance July</p>	<p>House Comms: Diversity, Welcome back celebrations, Awareness campaigns Mentors: Welcome back celebrations, rebuilding/team building, Awareness campaigns - post holiday depression, reflection on semester 1 Character Building: friendliness and courage</p>
<p>Growth August</p>	<p>House Comms: Women's day celebrations, election awareness, volunteerism (promote), carbon footprint initiatives Mentors: Self-esteem/self-image, , current event discussions, leadership skills, motivation, choices, effective communication, relationships, conflict Character Building: Acts of kindness</p>
<p>Emotional September</p>	<p>House Comms: Alcohol awareness (campaigns/talks); Heritage Day celebrations Mentors: Stress Management/relief; Self-image, managing and making money; Assertiveness, Success Character Building: Fairness</p>
<p>Send off October / November</p>	<p>House Comms: Year-end socials, award ceremonies Mentors: Award ceremonies, Exam tips, create photo albums, study in the sun, beach/nature walks Character Building: Community Builders (teambuilding activities)</p>